

The Couple's Retirement Puzzle: 10 Must-Have Conversations for Transitioning to the Second Half of Life

Roberta K. Taylor, Dorian Mintzer



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Book Description: We are in the midst of a "longevity revolution" with more than seventy-eight million baby boomers pioneering a new life stage characterized by living and working longer, developing second or third careers and taking advantage - as never before -- of new opportunities for learning and growth. Couples in midlife and beyond are being challenged to redefine retirement and reinvent themselves and their relationships in order to enjoy a sense of meaning, purpose and belonging in the second half of life."The Couple's Retirement Puzzle: 10 Must-Have Conversations for Transitioning to the Second Half of Life" is filled with conversations such as: • If, When and How to Retire • Let's Talk About Money• Changing Roles and Identity• Time Together, Time Apart• Health and WellnessThe book provides real-life examples as well as tips and techniques that can help couples learn to communicate more effectively and plan together for the next part of life.

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