



# Addictive Thinking and the Addictive Personality

*Twerski, Nakken, Abraham J. Twerski*

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**Addictive Thinking and the Addictive Personality** Twerski, Nakken, Abraham J. Twerski

This is two volumes in one. The first volume, "Addictive Thinking" By Abraham Twerski covers more than a dozen thinking issues related to addiction. The second volume, "The Addictive Personality" by Craig Nakken describes the personality traits associated with addicted individuals.

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