

60 Hikes within 60 Miles: St. Louis (60 Hikes - Menasha Ridge)

Steve Henry

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Mention St. Louis and most people think of the famous arch. Residents and visitors-in-the-know appreciate the many outdoor recreational opportunities the Gateway to the West has to offer. 60 Hikes Within 60 Miles: St. Louis points hikers to the best outdoor trails and rambles within easy reach of the city. Whether walking in the footsteps of Louis and Clark, exploring amazing rock formations in the Pickle Springs Natural Area, or trekking along a portion of the longest rails-to-trails path in the U.S., hikers are sure to be amazed at the diversity of outdoor experiences awaiting them. The included hikes are located in Missouri as well as its neighbor, Illinois.

Consult the author's recommendations for special interest hikes--short hikes, long hikes, hikes for kids, urban hikes, rural hikes, wildlife hikes, historic hikes, and more. When readers make their choices, each of the 60 hike profiles provides essential details on length, hiking time, difficulty, configuration, scenery, exposure, solitude, trail surface, and accessibility. The author also includes personal notes on the hike, a detailed hike map, and clear directions to the trailhead. There's even a section describing places to buy maps and gear, as well as info on nearby hiking clubs and events.



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James Marcus:

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