



Multicultural Gender Roles: Applications for Mental Health and Education

Marie L. Miville

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"*Multicultural Gender Roles* continues to advance multidimensional identity models. Each data-informed chapter introduces genuine reflections and accountings that lead to a proposed process model highlighting the complexities of negotiating gender roles, rules, and responsibilities for ethnic minority individuals."

—Patricia Arredondo, President, The Chicago School of Professional Psychology, Chicago Campus

"This book is a must-read for counselors and educators seeking to have a full understanding of the people they work with."

—Edward A. Delgado-Romero, PhD, Professor, The University of Georgia

"This extraordinary book presents vivid narratives of the challenges African American, Latina/o, Asian and Asian American women and men face in constructing their gender roles. The Multicultural Gender Role Model is groundbreaking."

—Nancy Boyd-Franklin, PhD, Professor II – Distinguished Professor, Graduate School of Applied and Professional Psychology, Rutgers University

Practical applications for mental health professionals and educators in helping clients and students understand and construct their roles within their schools, families, and communities

Edited by Dr. Marie Miville—a recognized authority on multicultural issues in counseling and psychology—*Multicultural Gender Roles* provides mental health professionals, educators, and students entering these fields with a solid research grounding on how people of color can reframe their gender roles in today's world.

Featuring personal experiences and stories based on interviews with over sixty individuals from various racial-ethnic backgrounds, *Multicultural Gender Roles* explores:

- Gender role construction among men and women of color
- Latino and Latina gender roles
- Gender roles among Asian/Asian American men and women
- Gender roles among African American men and women
- Negotiating multicultural gender roles

Utilizing current theory and new research, *Multicultural Gender Roles* provides practical applications for mental health professionals and educators working with diverse populations.

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