



Modern Buddhism: The Path of Compassion and Wisdom - Volume 1 Sutra

Geshe Kelsang Gyatso

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Introduction and Encouragement

This eBook Modern Buddhism – The Path of Compassion and Wisdom, in three volumes, is being distributed freely at the request of the author Geshe Kelsang Gyatso. The author says: “Through reading and practicing the instructions given in this book, people can solve their daily problems and maintain a happy mind all the time.” So that these benefits can pervade the whole world, Geshe Kelsang wishes to give this eBook freely to everyone.

We would like to request you to please respect this precious Dharma book, which functions to free living beings from suffering permanently. If you continually read and practice the advice in this book, eventually your problems caused by anger, attachment and ignorance will cease.

Volume 1 Sutra explains how to practise basic Buddhist compassion and wisdom in daily life. Covering topics such as What is Buddhism?, Buddhist Faith, The Preciousness of our Human Life, What does our Death Mean?, What is Karma?, The Four Noble Truths & Training in Love and Compassion, this volume shows how we can transform our lives, improve our relationships with others and look behind appearances to see the way things really are.

Please enjoy this special gift from Geshe Kelsang Gyatso, who dedicates: “May everyone who reads this book experience deep peace of mind, and accomplish the real meaning of human life.”

About the Author

Geshe Kelsang Gyatso was ordained as a Buddhist monk in Tibet at the age of eight. He is a fully accomplished meditation master and internationally renowned teacher of Buddhism. Living in the West since 1977, he is the author of 21 highly acclaimed books that reveal the entire Buddhist path to enlightenment, including Buddha’s Sutra and Tantra teachings. He has also founded over 1,100 Kadampa Meditation Centers and groups around the world.

Library Journal Review

Geshe Kelsang Gyatso “is a prolific and respected author,” according to Library Journal, and in Modern Buddhism, “he again presents the thought of the Buddha in an especially accessible manner.” Library Journal calls Gyatso’s 21st book “elegantly stated” and “a delight.”

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