



Tibetan Arts of Love: Sex, Orgasm, and Spiritual Healing

Gedun Chopel

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Presents in lucid detail the sixty-four arts of love divided into eight varieties of sexual play—embracing, kissing, pinching and scratching, biting, moving to and fro and pressing, erotic noises, role reversal, and positions of love-making. It is a translation of the *Treatise on Passion* by Gedun Chöpel, the highly controversial former monk. He gives titillating advice to shun inhibitions and explains how to increase female sexual pleasure. An over-arching focus is sexual ecstasy as a door to spiritual experience—the sky experience of the mind of clear light pervades the scintillating descriptions of erotic acts.

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