



Stanislavsky in America: An Actor's Workbook

Mel Gordon

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Stanislavsky in America explores the extraordinary legacy that Constantin Stanislavski's system of actortraining has left on acting in the US.

Mel Gordon outlines the journey of Stanislavski's theories through twentieth century American history, from the early US tours of the Moscow Art Theatre to the ongoing impact of 'The System' on modern American acting.

This fascinating study by a leading theatre critic and practitioner provides hundreds of original acting exercises, used by the pivotal US figures who developed his teachings, such as Lee Strasberg, Stella Adler and Bobby Lewis. By going back to these primary sources, Gordon cuts through the myths and misapprehensions which have built up over time.

Part memoir and part practical guide, *Stanislavsky in America* is an essential resource for anyone wanting to understand Stanislavski's work and his relationship with American theatre.



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