



# Everyday Enlightenment: The Twelve Gateways to Personal Growth

*Dan Millman*

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## **Everyday Enlightenment: The Twelve Gateways to Personal Growth** Dan Millman

On the Journey of Life, Do You Sometimes Wish You Had a Map? You now hold such a map in your hands—a guide through the twelve gateways of personal growth to the summit of your potential. Dan Millman makes your ascent accessible by bringing enlightenment down to earth—applying spiritual wisdom to the practical realities of everyday life. Explore the challenges and mysteries of body, mind, and emotions. Discover a new approach to success. Change confusion into clarity and knowledge into action. It begins as you turn the first page and enter... 1. Discover Your Worth 2. Reclaim Your Will 3. Energize Your Body 4. Manage Your Money 5. Tame Your Mind 6. Trust Your Intuition 7. Accept Your Emotions 8. Face Your Fears 9. Illuminate Your Shadow 10. Embrace Your Sexuality 11. Awaken Your Heart 12. Serve Your World The Time is Now. The Road is Open. Your Destiny Awaits.

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