



# Therapeutic Work with Sexually Abused Children

*Randall Easton Wickham, Janet West*

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"It is refreshing to find child therapists ready to engage with sexually abused children by incorporating trauma theory and research, addressing child protection and seeing themselves as part of a team that includes the carers. The authors provide an overview of phases of treatment, theoretical considerations and essential skills. They emphasize the importance of relationship and explore its impact on the therapist. Their approach is creative and child-centered. Case vignettes, poems and exercises promote empathy with the child's perspective. There is a useful chapter on cultural issues and the needs of children in alternative care.... this is an excellent primer for the child's helping network" - COMMUNITY CARE

Therapeutic Work with Sexually Abused Children is a creative and practical guide for professionals working directly with those who have suffered sexual abuse and for their carers. The trauma of sexual abuse experienced in childhood can be severe and enduring. Therapeutic support is offered to help both the child and the family cope with psychological or emotional difficulties both currently and in later life.

Therapists must be able to respond effectively to the child victim in a sensitive and timely way which prioritizes the needs of each child. Drawing on their experience as practitioners, the authors explore the reactions which children commonly experience following abuse and examine the tasks of the therapist in responding to them.

The book covers:

- the theory, skills and process of therapeutic work
- children's coping and defense mechanisms
- career involvement
- professional issues

Child sexual abuse is an issue which crosses professional boundaries and requires an integrated, inter-professional approach. **Therapeutic Work with Sexually Abused Children** will therefore be of interest to those undertaking specialist work or training in this area including social workers, psychotherapists, counsellors, psychologists, and health and education professionals.

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