



Person-Centred Counselling Training

Dave Mearns

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`This thoughtful and thought-provoking book is essential reading not only for those involved in the training of counsellors within the person-centred approach, but also for individuals who may have simplistic, dismissive or otherwise ill-informed notions of the depth of self-awareness required of the person-centred practitioner and the far-reaching challenges offered by the approach. For counsellors who define themselves as "person-centred" but who have had no substantial training, it should be compulsory reading' - ***British Journal of Guidance and Counselling***

Person-centred counselling probably requires more training - and a greater intensity of training - than most other mainstream counselling approaches, but

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