



From Grief to Grace...an Upward Spiral of Healing: A Guide to Finding the Good in Unspeakable Sorrow

Robyn DeLong

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On July, 25, 2013, Robyn DeLong's youngest son, Resh Michael Ortego, age 36, was killed in a tragic auto accident. Her journey through unspeakable grief led her into an expanded awareness of love's presence. She learned to work with the rich soil of sorrow and discovered a spiral of healing energy that pulled her through the darkness. This guide introduces you to this upward spiral of healing and helps you discover your own pathway to peace and grace. It is a companion to Robyn's book entitled From Grief to Grace...a Mother's Journey, which she wrote in the first few months following her son's death. These books can stand alone or work together. Both are inspirational and leave you with a sense of hope and possibility.

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