



# The Natural Psychic: Ellen Dugan's Personal Guide to the Psychic Realm

*Ellen Dugan*

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## **The Natural Psychic: Ellen Dugan's Personal Guide to the Psychic Realm** Ellen Dugan

Everyone has some type of psychic ability, but the skills that come easily for some may be more challenging for others. However, no matter where you are on the psychic spectrum, *The Natural Psychic* will help you develop and refine your natural talents.

Renowned author Ellen Dugan is your personal guide, helping you to build your psychic repertoire. With humor, easy-to-follow instructions, and no-nonsense advice, this engaging book offers lively lessons on:

- The Three P's:
  - Premonition
  - Precognition
  - Postcognition
- The Five C's:
  - Claircognizance
  - Clairaudience
  - Clairvoyance
  - Clairsentience
  - Clairtangence
- Psychometry
- Group Readings
- Tarot
- Psi-Sensitives
- Ghost Hunters
- Séances
- Ouija Boards
- SLIders
- Psychic Training
- Psychic Hangovers and First Aid
- Psychic Attacks
- Psychic Self-Defense
- Repairing the Aura
- Crystals for Psychic Work

Psychic ability is accessible to everyone regardless of spiritual or religious belief. *The Natural Psychic* is a down-to-earth, straight-up guide that will help you use psychic abilities to enrich your life and expand your world.

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