



La mente dividida (Spanish Edition)

John E. Sarno

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Una epidemia de trastornos psicomaticos asola el mundo occidental. Estos trastornos no son ""psicomaticos"" en el sentido de ""imaginarios"" o ""inventados"", son psicomaticos en el sentido de que su origen hay que buscarlo en la mente. La medicina tradicional no tiene ninguna solucion que ofrecer en estos casos y se limita a paliar los sintomas. Sin embargo, existe una medicina que lleva treinta anos curando definitivamente a miles de pacientes con este tipo de trastornos. Estamos ante el libro mas importante y completo que se haya escrito sobre la medicina psicomatica. / The Divided Mind traces the history of psychosomatic medicine, including Freud's crucial role, and describes the psychology responsible for the broad range of psychosomatic illness. The failure of medicine's practitioners to recognize and appropriately treat mindbody disorders has produced public health and economic problems of major proportions in the United States.

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