



## Lemon juice diet(Chinese Edition)

*SA RUI SHA ZHANG Theresa Cheung*

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**Lemon juice diet(Chinese Edition)** SA RUI SHA ZHANG Theresa Cheung

Paperback. Pub Date: 2010. Pages: 192 Language: Traditional Chinese Publisher: Morning Star Publishing Limited God doth give us lemons. go to squeeze its juice. diluted 1 14 glasses of water a day to drink it. Cup! Do to follow the diet of lemon juice on the ~ lemon juice diet is a safe. delicious. Transamerica to change the United States. to purify the body and restore health and energy. It lets you lower blood glucose levels. digestive function smoothly. and lemon juice itself is rich in vitamin C. more speed up the body's absorption of vitamins. your metabolism effect. Whether you simply drinking lemon juice or cooking it into the dish units pectin will let you maintain satiety after meals. and lower your blood sugar. Of course! Any one plus food of lemon. and taste is fresh and excellent flavor! The popular myth: that as long as detoxification. let yourself go hungry for...

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