



Clinical Case Formulation: Varieties of Approaches

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Case formulation is a key skill for mental health practitioners, and this book provides examples of ten case formulations representing the most common mental health problems in a variety of populations and contexts, offering commentary on contrasting formulations of the same case.

- Provides an overview of the general features of case formulation and how it can drive treatment
- Features clinical cases from a variety of populations, focusing on a range of different problems
- Covers all the major theoretical perspectives in clinical practice – behavioural, cognitive behavioural, psychodynamic, medical , and eclectic
- Offers commentary on contrasting formulations of the same case for five different clinical problems

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