



The Handbook of Coaching: A Comprehensive Resource Guide for Managers, Executives, Consultants, and Human Resource Professionals

Frederic M. Hudson Ph.D., Frederic M. Hudson

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The Handbook of Coaching is the first resource to offer a compendium of basic information about the burgeoning field of adult coaching--the art of guiding individuals and organizations to function at their most effective and creative levels. Written for experienced and aspiring coaches, as well as for executives and human resource professionals interested in this rapidly growing profession, the Handbook describes the essential underpinnings of successful coaching and includes a comprehensive, annotated list of books, articles, and other resources. The Handbook of Coaching is sure to become a classic in the field. "A coach needs to be able to touch people with new possibilities and bring wisdom, compassion, and humor to the issues and problems they face. The Handbook of Coaching provides a treasure trove of learning resources that you will be able to practically and immediately apply to a wide variety of personal and professional situations." --Robert Hargrove, author of Masterful Coaching and founder of R. Hargrove Consulting

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