



# Health Psychology: Theory, Research and Practice

*David F. Marks, Michael Murray, Brian Evans, Emeé Vida Estacio*

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As a student of Health Psychology you will need to understand how to evaluate and critically-appraise the latest theory and research before it can be applied. This fully-revised and updated fourth edition takes a critical approach and places Health Psychology in a real-world context, enabling you to understand how public policy, theory and research can influence communities and individuals alike.

The new edition includes:

- A new chapter on diet and obesity
- Updated material on stress and coping, doctor-patient communication, death, dying, bereavement and quality of life
- Introductions to the social, political and economic conditions that influence our health
- Breadth of coverage from social inequality through to chronic illness and screening
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