



Affirmative Psychotherapy with Bisexual Women and Bisexual Men

Ronald C. Fox

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Learn the latest practical—and bisexually affirmative—approaches to helping bisexual clients


Clinical work with bisexual clients has conceptually shifted beyond the exclusive emphasis on either straight or lesbian and gay issues. There are still, however, too few psychotherapists who provide affirmative psychotherapy specific to bisexual concerns. *Affirmative Psychotherapy with Bisexual Women and Bisexual Men* addresses the issues of bisexuals with an accepting and affirmative perspective, providing therapists with the latest viewpoints, strategies, and research to effectively treat bisexual clients. Leading authorities with affirmative-to-bisexuals perspectives discuss problems specific to bisexuals and their lifestyles, with an eye toward providing practical, effective therapy. Unique bisexual lifestyle concerns are examined, such as transgender issues, polyamory, older bisexual women and men, and cultural differences, while providing an emphasis on cultivating well-being and a sense of community in bisexual clients.

Affirmative Psychotherapy with Bisexual Women and Bisexual Men sensitively avoids the double standard long held by therapists clinically treating heterosexual or lesbian and gay individuals, showing that an affirmative viewpoint is valid and crucial for the effective treatment of bisexuals. This source clearly explains practical strategies and discusses the latest research on bisexual issues such as age, culture, heterosexual and bisexual mixed couples, and the polyamorous lifestyle with appropriate acceptance and understanding. The book also explores useful ways to develop successful health and support services specific to bisexual needs.

Topics in *Affirmative Psychotherapy with Bisexual Women and Bisexual Men* include:

- affirmative psychotherapy techniques specific to bisexual women and bisexual men
- need for validation of bisexuality
- ways for clients to come to terms with their bisexuality
- practical value—and shortcomings—of the main therapeutic schools in providing effective psychotherapy
- transgender bisexuality, with illustrative case studies
- needs and issues of African-American bisexual clients
- bisexual aging issues
- counseling heterosexual spouses of bisexual women and men
- therapy approaches for clients who are bisexual and polyamorous
- recognizing and addressing the specific needs of different sub-groups of bisexual people
- *and more!*

Affirmative Psychotherapy with Bisexual Women and Bisexual Men is a crucial addition to the literature of bisexual psychotherapy and is invaluable to counselors, psychotherapists, marriage and family therapists, social workers, psychiatrists, sex therapists, researchers, and educators in the fields of psychology, sociology, anthropology, sexuality, sex education, adolescent and adult development, and community mental health.

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The guide with title Affirmative Psychotherapy with Bisexual Women and Bisexual Men includes a lot of information that you can study it. You can get a lot of benefit after read this book. This book exist new knowledge the information that exist in this guide represented the condition of the world today. That is important to yo7u to learn how the improvement of the world. That book will bring you within new era of the internationalization. You can read the e-book on your own smart phone, so you can read the item anywhere you want.

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