



# Object Relations Psychotherapy

*Cheryl Glickauf-Hughes, Marolyn C. Wells*

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## **Object Relations Psychotherapy** Cheryl Glickauf-Hughes, Marolyn C. Wells

This book offers clinicians a new approach to psychotherapy. It goes beyond mere modifications of existing technique and shows how object relations theory can be used to specify the precise manner in which the therapist must be a new object for each patient. A detailed approach to differential diagnosis allows therapy to be tailored to the needs of the individual patient, based on that patient's particular character structure. Comprehensive in scope, rich with clinical illustrations, this book provides a framework for resolving the wide range of problems that today's clinicians face.

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