



Leadership Fitness: Developing and Reinforcing Successful, Positive Leaders

Homer Rice

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Following up the success of *Lessons for Leaders*, Homer Rice has expanded on the Total Person-Total Success concept and the result is another strong book on positive leadership.

It wasn't enough that as a high school coach, Homer Rice won nine Coach of the Year Awards. It wasn't enough that, as a college coach at Kentucky, Oklahoma, Cincinnati, and Rice he coached four All-America quarterbacks, accumulated five national conference passing titles, and invented the famous triple-option offense. It wasn't enough that after stints as athletic director at UNC and head coach of the Cincinnati Bengals, he came to Georgia Tech and resuscitated the school's athletic department, culminating in the 1990 National Football Championship.

Homer Rice has left an enduring mark on NCAA football, and college athletics in general. His vision extended far beyond the playing fields and perhaps his greatest achievement is his creation of the Student-Athlete Total Person Program. Instituted at Georgia Tech, this program is now helping young men and women achieve their full potential at close to 200 other colleges and universities.

Using his own powerful story, Rice shows in *Leadership Fitness* how his Attitude Technique Philosophy leads to total success, whether on the gridiron or any of life's endeavors.

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