



# Experience Curating: How to Gain Focus, Increase Influence, and Simplify Your Life

*Joel Zaslofsky*

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**Experience Curating: How to Gain Focus, Increase Influence, and Simplify Your Life** Joel Zaslofsky  
"Implementing Experience Curating is a true working extension of the human brain." – Roderick Russell, NPR-featured speaker and iTunes Top 50 Podcaster

"Experience Curating is for people like me who want to remember, reference, and share memories, but don't want to spend hours journaling every night. My memories are now getting tracked with Joel's framework ... far easier than a stack of journals anyway." – Betsy Talbot, author of *Married with Luggage* and *Getting Rid of It*

Imagine what would happen if you spent 0.1% of your time adding value to the other 99.9%. Picture an environment where your experiences don't just happen *to* you, but are used to make big things happen *for* you.

Could you harness an otherwise overwhelming world of endless information, gratifying moments, and dizzying possibilities? How much social currency could you create if you knew how to capture, organize, and share anything to improve everything?

The open secret is that curating your entire existence - or Experience Curating as rising author Joel Zaslofsky calls it - is just as powerful today as it was 2,000 years ago.

*Experience Curating* isn't just about Zaslofsky's unique FAOCAS framework and how to reap its rewards with your favorite tools. It's a three-part blueprint to achieve your own brand of success, complete with real-world case studies from Evernote, The Huffington Post, and even the Brothers Grimm.

Through *Experience Curating*, you'll learn how to embrace your curating gifts to:

- Simplify your physical, emotional, mental, and spiritual landscape.
- Enjoy faster, tastier, and healthier food.
- Become an expert and go-to community resource in any topic.
- Gain more freedom by breaking out of the Internet's "filter bubbles."

What you use your curated experiences for - making money or personal finance mastery, improving your relationships, truly useful to-do lists, or world domination (for instance) - is up to you.

You can join countless others to push the boundaries of your potential. You can constantly prove that your existence is meaningful. And you can unearth the timeless and specific steps to convert your curating currency into social, intellectual, or physical capital.

All it takes is some simple and intentional Experience Curating.

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